

Year 4 <i>The children were asked the questions on their classes with their class teacher</i>	In class		In class		In class	
	Yes	no	yes	no	yes	no
Should we learn about bodies, growing up and friendships?	26	1	28	0	27	2
Should we learn about relationships?	21	6	27	1	25	2
Recall of topics covered	Mental health Managing feelings Mindfulness Inspirational people Nelson Mandela elderly				How to be kind, calm and caring Why the elderly are special Equality Water Inspirational people Special people Democracy hygiene	
Statutory topics to be taught when older			Healthy lifestyles Growing and changing Rights and responsibilities Media influence		Smoking, alcohol. Drugs Physical contact (appropriate/inapt) Stereotypes Consent Mutual respect Media influence	
Most important statutory topics	1 <sup>st</sup> : <b>Keeping safe</b> 2 <sup>nd</sup> : <b>keeping safe/healthy relationships</b> 3 <sup>rd</sup> : <b>growing and changing</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>healthy relationships</b> 3 <sup>rd</sup> : <b>media influence</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>money/keeping safe/ hurtful behaviour and anti-bullying</b> 3 <sup>rd</sup> : <b>healthy lifestyles</b>	
Statutory topics we would like to know more about	1 <sup>st</sup> : <b>keeping safe/ growing and changing</b> 2 <sup>nd</sup> : <b>keeping safe</b> 3 <sup>rd</sup> : <b>rights and responsibilities</b>		1 <sup>st</sup> : <b>rights and responsibilities</b> 2 <sup>nd</sup> : <b>keeping safe</b> 3 <sup>rd</sup> : <b>growing and changing/media influence</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>growing and changing</b> 3 <sup>rd</sup> : <b>healthy lifestyles</b>	
Topics we should learn about	<b>Relationships:</b> Respect Cooperating with others <b>Keeping safe:</b> Keeping safe Being safe		<b>Relationships:</b> Relationships Developing positive relationships with children and adults <b>Growing and changing</b> <b>Keeping safe:</b> Online safety <b>Healthy lifestyles:</b> Feelings Peoples thoughts		<b>Healthy lifestyles:</b> Physical health <b>Relationships:</b> Respect and being respectful To listen to others Friendships How to be kind <b>Valuing Difference:</b> Learn how others live	
Topics we should know...	<b>Keeping safe/ rights and responsibilities:</b> Communicating with others <b>Healthy relationships:</b> What different families look like		<b>Keeping safe:</b> Keeping safe everywhere Showing gratitude <b>Healthy relationships:</b> Relationships Anti-bullying Positive relations with families <b>Healthy lifestyles:</b> Feelings Respect		<b>Keeping safe:</b> Bullying and anti-bullying <b>Healthy Lifestyles:</b> Worries-what makes us happy/sad <b>Valuing Difference:</b> Different ethnic groups Being a better person <b>Relationships:</b> Different types of families Divorce Death	
We should be able to...	<b>Healthy relationships:</b> Know how to get along with family members Friendship How to talk to others respectfully		<b>Keeping safe:</b> Keep safe <b>Healthy lifestyles:</b> Share our emotions Worry less <b>Rights and responsibilities:</b> Be respectful of others choices <b>Valuing difference:</b> Value difference Have access to information		<b>Growing and changing:</b> Learn about how your body changes as you get older Take care of our bodies <b>Healthy Lifestyles:</b> Take care of our personal hygiene	

<p>We should feel confident about..</p>	<p><b>Healthy lifestyles:</b>          Sharing your worries          Sharing problems          Talking about your beliefs</p> <p>Sharing our learning</p>	<p><b>Healthy lifestyles:</b>          Discussing our own and others feelings</p> <p><b>Valuing difference:</b>          Expressing our opinions          Communicating our thoughts</p> <p><b>Healthy relationships:</b>          Trusting people          Expressing different relationships          How you have a relationship</p>	<p><b>Valuing difference:</b>          Asking questions          Speaking in class</p> <p><b>Healthy lifestyles:</b>          Dealing with our feelings          Coping with things</p> <p><b>Relationships:</b>          Talking to a teacher or a trusted adult</p>
<p>3 good things about PSHE</p>	<p>It teaches us self-care          We talk about feelings          Helps with our mental health          Helps us to feel mature</p>	<p>A range of topics are covered          We learn about:          global events          Managing emotions          Working together          Communicating          Discussions          Conversations          Understanding others better          Developing our ideas and improving our understanding</p>	<p>Learning about personal hygiene          Sharing our ideas with each other</p>
<p>One thing to change for future</p>	<p>More time to discuss things/ask questions          More teaching approaches: art          Learn about stereotypes and people who do not fit into stereotypes          Teach us about jobs</p>	<p>Make it simpler for children          Teach problem solving</p>	<p>Regular weekly lessons          Teach the parents about RHE so they can help their children          Do RHE 2x a week</p>

Year 5	Class 4		Class 5		Class 6	
	Yes	no	yes	no	Yes	no
Should we learn about bodies, growing up and friendships?	29	0	28	2	28	0
Should we learn about relationships?	20	9	25	5	20	8
Recall of topics covered			Emergencies: services Telephone number Prejudice/ differences/discrimination Different types of bullying Anti-bullying How to look after your body-physical and mental health Rights and responsibilities Identities Being safe: road safety Online safety Inspirational people Feelings: how to recognise feelings in others; how to manage own feelings	Communities: online/offline Fair trade Rights and responsibilities Nelson Mandela Being safe (on and offline) Anti-bullying Friendships Identities Digital literacy Growth mindset Emergency services Physical exercise Road safety		
Most important statutory topics	1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : healthy lifestyles/ keeping safe 3 <sup>rd</sup> : keeping safe/ <b>rights            and responsibilities</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>growing and changing</b> 3 <sup>rd</sup> : hurtful behaviour and anti-bullying		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>growing and changing</b> 3 <sup>rd</sup> : healthy relationships/ <b>rights            and responsibilities</b>	
Statutory topics we would like to know more	1 <sup>st</sup> : <b>growing and            changing</b> 2 <sup>nd</sup> : <b>keeping safe/            growing and changing</b> 3 <sup>rd</sup> : <b>healthy            relationships/</b> valuing difference		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : <b>healthy lifestyles/            media influence</b> 3 <sup>rd</sup> : media influence/ hurtful behaviour/anti- bullying		1 <sup>st</sup> : <b>growing and changing</b> 2 <sup>nd</sup> : rights and responsibilities 3 <sup>rd</sup> : <b>healthy relationships/ healthy            lifestyles</b>	
We should learn about...	<b>Healthy relationships:</b> How to treat people When people are treating us unfairly/inappropriately What a relationship is Differences between healthy/unhealthy relationships What happens when parent's divorce  Study skills Getting a job		<b>Rights and            responsibilities:</b> Valuing difference <b>Growing and changing</b> <b>Healthy relationships:</b> Relationships Respect <b>Healthy lifestyles:</b> Self-care Drugs/medication diet <b>Keeping safe:</b> Online safety <b>Money:</b> Spending money (economic)		<b>Healthy relationships:</b> Falling out and resolving conflict	
We should know about...	<b>Healthy relationships:</b>		<b>Growing and changing:</b> Taking care of our bodies		<b>Rights and responsibilities:</b> Different cultures	

	<p>How to keep safe in relationships</p> <p>Know how to recognise a true friend</p> <p>Trust in relationships</p> <p>How to maintain relationships</p>	<p>How our bodies change</p> <p><b>Healthy relationships:</b></p> <p>different types of relationships</p> <p>how to recognise a bad relationship</p> <p>anti-bullying</p> <p><b>Healthy lifestyles:</b></p> <p>mental health</p> <p><b>Keeping safe:</b></p> <p>good and bad choices</p> <p>inappropriate behaviour</p> <p>right and wrong</p>	
We should be able to...	<p><b>Healthy lifestyles:</b></p> <p>Look after and care for our own bodies</p> <p><b>Healthy relationships:</b></p> <p>Know expectations of relationships</p>	<p><b>Healthy lifestyles:</b></p> <p>Tell a teacher if you are worried</p> <p><b>Growing and changing:</b></p> <p>Ask questions about growing and changing</p> <p>Ask questions about personal subjects</p>	<p><b>Healthy lifestyles:</b></p> <p>Take care of our bodies</p> <p><b>Growing and changing:</b></p> <p>Know about growing and changing</p>
We should feel confident about...	<p><b>Healthy lifestyles:</b></p> <p>Sharing our feelings</p> <p><b>Healthy relationships:</b></p> <p>Trusting people in our class</p>	<p><b>Healthy relationships:</b></p> <p>Talking to others about relationships</p> <p>Talking to someone</p> <p><b>Keeping safe:</b></p> <p>Being online</p> <p><b>Valuing difference:</b></p> <p>Our uniqueness</p>	<p><b>Keeping safe:</b></p> <p>Online relationships</p> <p><b>Healthy relationships:</b></p> <p>Relationships between mother-daughter; siblings; friends</p>
3 good things about PSHE	<p>We are taught:</p> <p>Keeping safe</p> <p>Protecting our world</p> <p>Understanding our feelings and emotions</p>	<p>You can share/manage your feelings</p> <p>Get to know what other people think</p> <p>Teaches you to be respectful</p> <p>Learn about other people/cultures</p> <p>It makes us question ourselves.</p>	<p>We are listened to</p> <p>Learn about responsibilities</p> <p>Learn about having a growth mind set</p>
One thing to change for future	<p>Learn a little about growing and changing now</p>	<p>Learn through drama/I-pads/art</p> <p>External visits</p>	<p>nothing</p>
Topics that we want teaching in single sex classes	<p><b>Growing and changing</b></p>	<p><b>Growing and changing</b></p>	<p><b>Growing and changing</b></p>

Year 6	Class 1		Class 2		Class 3		
	Yes	no	yes	no	Yes	no	?
Should we learn about bodies, growing up and friendships?	25	0	28	0	18	2	7
Should we learn about relationships?	19	6	23	5	14	2	11
Recall of topics covered-	Anti-bullying First aid training Rights and responsibilities Worries and what to do Knife crime Morality Online safety Important events in our lives Emotions: feelings at different times		Online safety Personal hygiene Bullying (inc online) Mental health Death Respect Health-diet/exercise Rights and responsibilities Peer pressure drugs/alcohol/smoking Politics Inspirational people Feelings Tolerance Criminal responsibility Fairness Mindfulness Anti-social behaviour Racism Stranger danger Stress Safety Diversity Different families		Ghandi Stephen LAWRENCE Anti-social behaviour Hygiene Moral values Road safety Climate change Staying safe Justice Freedom Parliament Knife crime Anti-bullying Democracy Malala Cyber bullying Mental health Charities Money Consequences of actions Online safety Coronavirus-infection control Our inter-connecting world Road safety Rights and responsibilities		
Statutory topics children would like to know more about...	1 <sup>st</sup> : <b>growing and changing</b> 2 <sup>nd</sup> : money 3 <sup>rd</sup> : <b>growing and changing/valuing difference</b>		1 <sup>st</sup> : <b>Growing and changing</b> 2 <sup>nd</sup> : <b>growing and changing/ healthy relationships</b> 3 <sup>rd</sup> : <b>healthy relationships</b>		1 <sup>st</sup> : <b>growing and changing</b> 2 <sup>nd</sup> : <b>healthy relationships</b> 3 <sup>rd</sup> : media influence		
Most important statutory topics...	1 <sup>st</sup> : <b>healthy lifestyles</b> 2 <sup>nd</sup> : <b>keeping safe</b> 3 <sup>rd</sup> : <b>healthy relationships</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : rights and responsibilities/ <b>healthy lifestyles/ growing and changing</b> 3 <sup>rd</sup> : <b>healthy relationships</b>		1 <sup>st</sup> : <b>keeping safe</b> 2 <sup>nd</sup> : 3 <sup>rd</sup> : <b>healthy lifestyles</b>		
We should learn about...	<b>Healthy relationships:</b> Different types of relationships <b>Growing and changing:</b> Changes as we grow <b>Rights and responsibilities:</b> respect		<b>Healthy Relationships:</b> Marriage/ divorce Why people argue All types of relationships Why people stay single How to deal with ending of friendships		<b>Growing and changing:</b> Life cycle of human and changes Labelling of body parts <b>Relationships:</b> Relationships <b>Healthy lifestyles:</b> Health <b>Money</b> <b>Keeping safe:</b> Cyber bullying Bullying		

			Changes that may affect us in later life
We should know...	<b>Healthy relationships:</b> Family separation <b>Money</b> <b>Growing and changing</b>	<b>Healthy relationships:</b> People who change religion for marriage Reasons for /against getting married	<b>Keeping healthy:</b> Hygiene <b>Keeping safe:</b> Anti-bullying How to stay safe <b>Rights and responsibilities</b> <b>Healthy living:</b> Mental health
We should be able to...	<b>Healthy lifestyles:</b> Take care of ourselves and our bodies Express our feelings <b>Growing and changing:</b> Learn about growing <b>Healthy relationships:</b> relationships	<b>Growing and changing:</b> Identify the stages of human development	Learn about different areas in RHE
We should feel confident about...	<b>Healthy lifestyles:</b> Talking about feelings Express opinions and thoughts	<b>Healthy relationships:</b> Dealing with step-parents	<b>Valuing difference:</b> What we are taught and listening to children's opinions Sharing our worries with others Sharing ideas Talking about relationships and health Standing up for people
3 good things about PSHE	Expressing our opinions	Learning to be respectful and tolerant Learning to stay safe Learning about online safety	We know the legal consequences of actions What bullying is and how to avoid Good hygiene practises We get to ask questions Keeping safe We are prepared for the future We have fun/make posters
One thing to change for future lessons...	More external visits More visitors: police/nurses Invite parents in to learn about RHE	Learn about parent relationships: arguments, fall outs, divorces	More listening-less writing Daily RHE lessons More books
Topics that we want teaching in single sex classes.	<b>Growing and changing</b>	<b>Growing and changing</b>	<b>Growing and changing</b>
General areas we would like to know more about	Jobs and interviews Handling difficult choices outside of school Adoption Concentration strategies When and how our bodies change Study skills How people reproduce Mental health Unhealthy relationships	Marriage Divorce Why parents argue All types of relationships How to deal with friendships Puberty How our bodies change Opening a bank account Meaning of slang words	Life cycle of human and changes Relationships Health Money Cyber bullying Bullying Labelling of body parts Changes that may affect us in later life



	Year 3		Year 4		Year 5		Year 6	
	Yes	n o	yes	n o	Yes	no ?	yes	no
<b>Should we learn about bodies, growing up and friendships?</b>	76		81	3	95	2	71	2
<b>Should we learn about relationships?</b>	71	5	73	9	65	22	56	13
<b>Statutory topics children would like to know more about...</b>	1 <sup>st</sup> : media 2 <sup>nd</sup> :money 3 <sup>rd</sup> : healthy lifestyle		1 <sup>st</sup> : keeping safe 2 <sup>nd</sup> : healthy relationships		1 <sup>st</sup> : keeping safe 2 <sup>nd</sup> : growing and changing 3 <sup>rd</sup> : rights and responsibilities		1 <sup>st</sup> :growing and changing 2 <sup>nd</sup> :healthy relationships	
<b>The most important statutory topics are...</b>	1 <sup>st</sup> : keeping safe 2 <sup>nd</sup> : healthy relationships		1 <sup>st</sup> : keeping safe 2 <sup>nd</sup> : growing and changing 3 <sup>rd</sup> : rights and responsibilities		1 <sup>st</sup> : growing and changing 2 <sup>nd</sup> : keeping safe 3 <sup>rd</sup> : healthy lifestyles/relationships		1 <sup>st</sup> : keeping safe 2 <sup>nd</sup> :healthy lifestyles 3 <sup>rd</sup> :healthy relationships	
<b>We should learn about...</b>	Healthy relationships Growing and changing Healthy lifestyles Valuing difference Rights and responsibilities		Healthy relationships Growing and changing Healthy lifestyles Keeping safe		Healthy relationships Growing and changing Healthy lifestyles Rights and responsibilities Keeping safe Money		Healthy relationships Growing and changing Rights and responsibilities	
<b>We should know about...</b>	Valuing difference Rights and responsibilities Growing and changing		Rights and responsibilities Keeping safe Healthy relationships Healthy lifestyles		Rights and responsibilities Keeping safe Healthy relationships Healthy lifestyles Keeping safe		Rights and responsibilities Keeping safe Healthy relationships Healthy lifestyles Growing and changing	
<b>We should feel confident about...</b>	Talking about feelings Asking questions Sharing our views		Sharing our worries/problems/beliefs/feelings/thoughts and opinions Trusting people		Sharing our feelings Discussing relationships Trusting people Talking to others Keeping safe online Valuing our uniqueness		Talking about feelings Express opinions and Thoughts Relationships with step-parents	
<b>One thing to change for future lessons.</b>	More than 1 lesson/wk Wider range of books/games/videos		More time to discuss/ask questions Wider range of teaching methods		Wider range of teaching methods: drama/I-pads/art		More than 1 lesson/wk More visits/visitors Wider range of books Less writing Invite parents in	
<b>Topics that we want teaching in single sex classes</b>	-----		-----		Growing and changing		Growing and changing	

# What are the best things about learning PSHE?

## Children in Year 3 replied:

<p>Learn how to stay safe          Learn about the environment          Learn how to make the right choices          Learning new topics/facts/info          Lessons are calm          You can think          We get to draw/ write/ discuss/ colour in/ share stories</p>
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## Children in Year 4 replied:

<p>It teaches us self-care          We talk about feelings          Helps with our mental health          Helps us to feel mature</p>	<p>A range of topics are covered          We learn about:          global events          Managing emotions          Working together          Communicating          Discussions          Conversations          Understanding others better          Developing our ideas and improving our understanding</p>	<p>Learning about personal hygiene          Sharing our ideas with each other</p>
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## Children in Year 5 replied:

<p>We are taught:          Keeping safe          Protecting our world          Understanding our feelings and emotions</p>	<p>You can share/manage your feelings          Get to know what other people think          Teaches you to be respectful          Learn about other people/cultures          It makes us question ourselves</p>	<p>We are listened to          Learn about responsibilities          Learn about having a growth mind set</p>
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## Children in Year 6 replied:

<p>Expressing our opinions</p>	<p>Learning to be respectful and tolerant          Learning to stay safe          Learning about online safety</p>	<p>We know the legal consequences of actions          What bullying is and how to avoid          Good hygiene practises          We get to ask questions          Keeping safe          We are prepared for the future          We have fun/make posters</p>
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